

Maternity Compression Sizing

Sizing: Based on pre-pregnancy pant size (0-18)

Motif Pregnancy Support Band

Size	Pre-Preg Pant	Under Belly Measurement
XS	00 - 0	24 - 32 in
S	2 - 4	33 - 40 in
M	6 - 12	41 - 48 in
L	14 - 18	49 - 52 in
XL	20 - 26	53 - 62 in



Motif Postpartum Recovery Support Garment - Natural Birth

Size	Waist	Hips	Pre-Preg Pant
XS	24-26	34-36	00-2
S	27-29	37-39	4-6
M	30-32	40-42	8-10
L	33-36	43-45	12-14
XL	37-39	46-49	16-18
2X	40-44	50-54	20-22



Motif Postpartum Recovery Support Garment - C-Section and Natural Birth

Size	Waist	Hips	Pre-Preg Pant
XS	24-26	34-36	00-2
S	27-29	37-39	4-6
M	30-32	40-42	8-10
L	33-36	43-45	12-14
XL	37-39	46-49	16-18
2X	40-44	50-54	20-22

